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**Macquarie Fields Swimming Club
2012 Long Course Qualifying Meet
Sunday 19th February 2012**

Macquarie Fields Leisure Centre
Fields Road
Macquarie Fields



Warm Up 9:00am

Start 10:00am

Boys	Girls	Age	Distance	Stroke	BT or QT
1		Open	400m	Freestyle	6:30.00 (QT)
3	4	8/under	50m	Freestyle	31.00
5	6	9/10	50m	Freestyle	29.00
7	8	11/12	50m	Freestyle	27.00
9	10	13/over	50m	Freestyle	25.00
11	12	10/under	100m	Backstroke	1:03.00
13	14	11/12	100m	Backstroke	59.00
15	16	13/over	100m	Backstroke	55.00
17		Open	200m	Breaststroke	4:00.00 (QT)
19	20	8/under	50m	Backstroke	33.00
21	22	9/10	50m	Backstroke	31.00
23	24	11/12	50m	Backstroke	29.00
25	26	13/over	50m	Backstroke	27.00
27	28	10/under	100m	Breaststroke	1:08.00
29	30	11/12	100m	Breaststroke	1:04.00
31	32	13/over	100m	Breaststroke	1:00.00
33		Open	200m	Butterfly	4:00.00 (QT)
Expected Lunch Break 30 minutes					
35		Open	200m	Individual Medley	4:30.00 (QT)
37	38	8/under	50m	Breaststroke	35.00
39	40	9/10	50m	Breaststroke	33.00
41	42	11/12	50m	Breaststroke	31.00
43	44	13/over	50m	Breaststroke	29.00
45	46	10/under	100m	Butterfly	1:03.00
47	48	11/12	100m	Butterfly	59.00
49	50	13/over	100m	Butterfly	55.00
51		Open	200m	Freestyle	3:45.00 (QT)
53	54	8/under	50m	Butterfly	32.00
55	56	9/10	50m	Butterfly	30.00
57	58	11/12	50m	Butterfly	28.00
59	60	13/over	50m	Butterfly	26.00
61	62	10/under	100m	Freestyle	1:00.00
63	64	11/12	100m	Freestyle	56.00
65	66	13/over	100m	Freestyle	52.00
67		Open	200m	Backstroke	4:00.00 (QT)
69		Open	400m	Individual Medley	8:00.00 (QT)

BREAK TIME (BT) NOTE: Swimmers faster than the break time are ineligible to enter that event.
QUALIFYING TIME (QT) NOTE: Swimmers slower than the qualifying time are ineligible to enter that event.

CONDITIONS OF ENTRY

1. Meet conducted under the rules of SNSW and is Metro South West Area approved. Results will be uploaded to the Swimming Australia Results Database.
2. Australian Open Water Competitors are not allowed at this Meet.
3. Manual Entries to be submitted on **MULTI entry cards only**.
4. E-entry by Race Secretaries preferred. E-files are available from mfsc.org.au.
No cards are required with e-files. Race Secretaries please e-mail the Entry Report (sort by name) and Entry Fee Report with the e-file. Manually post cheques and the same reports.
5. Entry Fees: \$4.00 per event.
6. **Entries Close: Sunday 12th February 2012. Entries limited to 1400.**
7. Age as at 19th February 2012.
8. Pool entry fees apply.
9. Medals will be awarded for 1st, 2nd, and 3rd place for each individual age group up to 12 years.
No medals for 13/over and Open events.

Cheques made payable to: **Macquarie Fields Swimming Club Inc.**
Forward all entries to: **The Race Secretary**

**Macquarie Fields Swimming Club
PO BOX 2
Macquarie Fields NSW 2564**

Enquiries:
Phone:
e-mail and e-Entries:

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mfsc.org.au

**Last chance to qualify for Metro
Semi-automatic timing**